

# DentalBlue™



Your DentalBlue benefits give you convenient access to quality dental services. We are one of the largest dental PPO (Preferred Provider Organization) networks in Tennessee. Your network includes:

- 3,000+ dentists in Tennessee and bordering counties
- Over 200,000 dental access points across the United States

## Pay Less With DentalBlue

## Preventive Screenings Are Good For You

Prevention and early detection lead to better health because they can identify dental problems early before they become more serious. Most dental plans cover two exams and two cleanings per year as well as one set of bitewing X-rays.

#### Networks Stretch Your Benefit Dollar

Even though some restorative and specialty services cost \$1,000 or more, most dental plans still have an annual maximum benefit of \$1,000. When network dentists discount their fees, you save money.

#### Check Your Plan Options And Benefits

Review your schedule of benefits in your Evidence of Coverage (EOC)\* to see your specific plan option, limits, deductible and coinsurance levels. Not all dental services are covered by these plans. Benefits are arranged in four levels of coverage, A-D.

**Note:** Services may vary based on your plan or contract. Some plans do not include coverage for all four levels, move services from coverage B to C or have waiting periods.

Coverage A	Diagnostic and preventive services such as exams, cleanings and X-rays
Coverage B	Basic services such as fillings and extractions
Coverage C**	Major restorative services such as crowns, bridges and dentures
Coverage D**	Orthodontic services such as braces and retainers

<sup>\*</sup>If your employer's plan is self-funded, please check with your employer for your EOC.

<sup>\*\*</sup>Services not available in some plans

#### What Services Are Covered?

We ask dentists to bill their services based on the completion date. If you are eligible on the completion date, benefits will be provided. If you have a treatment in progress and had coverage with a different carrier, please check with your dentist to see which carrier should receive the bill. The billing date determines which carrier should provide coverage.

If you started orthodontic treatment before the date your BlueCross coverage started, file that claim with your previous carrier. However, any orthodontic services (e.g., monthly adjustment fees) you have after your DentalBlue coverage becomes effective should be filed with us. We will apply it to the orthodontic maximum.

#### Know What Will Be Paid

With the exception of emergency care, you and your dentist can determine what is covered by your dental plan — and the amount the plan will pay — before you have treament. We recommend a predetermination for any service that may exceed \$200.

### **BlueAccess**

See the key details and benefits of your plan in BlueAccess<sup>™</sup>. Log in to your personalized, secure member area at bcbst.com.

#### **BlueAccess Sections**

**My Homepage** – View a snapshot of your benefit information, recent claims, tools and resources.

**My Benefits & Coverage** – Get full details on what's covered, who's covered and what you pay for services.

**My Claims & Balances** – Check your claims status and details. Print benefit and claims information. View your benefit maximums and more.

**My Health & Wellness** – Create a personal health profile and browse information designed to help you reach your health and wellness goals (may not be available to members of some self-funded groups).

**Cost & Quality Tools** – Find a dentist in your network, get answers about dental care expenses – even compare costs.

**My Account** – Set up your account profile, including contact preferences, communication channels, messaging alerts and BlueVoice participation.

# Find A Dentist (Or Other Provider) In Your Network

- Using a dentist in your network helps you save money and avoid balance billing
- Visiting a provider outside your network may cost you more

# Look for a new dentist at bcbst.com.

- Use the "Find a Doctor" tool
- Find a dental provider in "Find a Doctor" by clicking on Get Dental Care

#### BlueCross BlueShield of Tennessee

BlueCross BlueShield of Tennessee complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

For TDD/TTY help call 1-800-848-0298.

BlueCross BlueShield of Tennessee, Inc., an Independent Licensee of the BlueCross BlueShield Association

1 Cameron Hill Circle | Chattanooga, TN 37402 | bcbst.com

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-565-9140 (TTY: 1-800-848-0298).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-9140-565-800 (رقم هاتف الصم والمكم: 1-8090-848-0298

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-565-9140 (TTY:1-800-848-0298)。