



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, for medical, call Aetna at 1-800-743-0910 or visit www.Aetna.com; for pharmacy call Navitus at 1-866-333-2757 or visit www.Navitus.com. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://hr.vanderbilt.edu/benefits/UniformGlossaryTerms.pdf> or call 1-800-743-0910 request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$600 Individual or \$1,200 family for Tier 1 Vanderbilt Health Affiliated Network (VHAN); \$1,200 individual or \$2,400 family for Tier 2 Aetna National Network; \$2,400 individual or \$4,800 family for Tier 3 Out of Network	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. Preventive care and primary care services are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount, but a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No other specific deductibles .	
What is the out-of-pocket limit for this plan ?	For in- network providers , combined \$3,500 individual/ \$7,000 family; for out-of-network providers \$7,000 individual / \$13,000 family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Copayments for certain services, premiums , balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes, For a list of preferred providers in Tier 1 VHAN visit http://hr.vanderbilt.edu/benefits/vanderbilt-affiliates . See the Aetna web site for a list of in-network national providers http://www.aetna.com/docfind/custom/vanderbilt or call 1-800-743-0910.	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. In addition to the Aetna in-network providers, the Plan offers the Vanderbilt Health Affiliated Network (VHAN). Vanderbilt Pharmacies are preferred providers . If you use a Vanderbilt pharmacy you will receive a reduction in your copay . See the chart starting on page 2 for how this plan pays different kinds of providers.
Do you need a referral to see a specialist ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 Vanderbilt Health Affiliated Network/Vanderbilt Pharmacy (You will pay the least)	Tier 2 Aetna National Network/Non-Vanderbilt Pharmacy	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 copay /office visit	\$60 copay /office visit.	50% coinsurance after deductible	View plan booklet at http://hr.vanderbilt.edu/benefits/sbc-eoc.php
	Specialist visit	\$35 copay /office visit	\$75 copay /office visit	50% coinsurance after deductible	
	Preventive care/screening/immunization	No Charge	No charge	Not covered	You may have to pay for services that aren't preventative. Ask your provider if the services needed are preventative. Then check what your plan will pay for. *Refer to bottom of Page 4
If you have a test	Diagnostic test (x-ray, blood work) or imaging.	10% after deductible	30% after deductible	50% after deductible	View plan booklet at http://hr.vanderbilt.edu/benefits/sbc-eoc.php
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.Navitus.com	Maintenance Generic	\$1 copay /prescription (Vanderbilt Outpatient Pharmacy); \$3 copay /prescription (Vanderbilt Mail Order)	\$15 copay /prescription (retail)	Not covered	Maintenance Generics are available at the Vanderbilt Outpatient Pharmacies that include a limited list of drugs for chronic health conditions. Vanderbilt Outpatient Pharmacy covers up to a 30 day supply; Vanderbilt Mail Order covers a 31-90 day supply
	Level 1	\$10 copay /prescription (retail); \$30 copay /prescription (Vanderbilt Mail Order)	\$15 copay /prescription (retail)	Not covered	Vanderbilt encourages members to use generics when available. If you, or your physician, choose a Navitus- formulary brand-name drug instead of the generic equivalent, you will pay the difference between the brand and the generic as well as the applicable copayment. Drugs not listed on Vanderbilt's formulary are not covered by the Plan .
	Level 2	30% coinsurance up to \$50 (retail); 30% coinsurance up to \$125(Vanderbilt Mail order)	50% coinsurance up to \$75	Not covered	

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 Vanderbilt Health Affiliated Network/Vanderbilt Pharmacy (You will pay the least)	Tier 2 Aetna National Network/Non-Vanderbilt Pharmacy	Out-of-Network Provider (You will pay the most)	
	Level 3	50% coinsurance up to \$75 (retail); 50% coinsurance up to \$225 (Vanderbilt Mail Order)	70% coinsurance up to \$100	Not covered	Retail covers up to a 30 day supply; Vanderbilt Mail Order covers a 31-90 day supply. View plan booklet at http://hr.vanderbilt.edu/benefits/sbc-eoc.php
	Self-Administered Specialty drugs	10% coinsurance up to \$100 for Vanderbilt Pharmacy	N/A	N/A	Only available for a 30-day supply at the Vanderbilt Outpatient Pharmacies.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$150/day copay , then 10% coinsurance after deductible is met.	\$150 copay , then 30% coinsurance after deductible	\$150 / copay then 50% coinsurance after deductible .	View plan booklet at http://hr.vanderbilt.edu/benefits/sbc-eoc.php
	Physician/surgeon fees	10% coinsurance	30% coinsurance	50% coinsurance	
If you need immediate medical attention	Emergency room care	\$250 copay , then 10% after deductible .	\$250 copay , then 30% after deductible	\$250 copay , then 30% after deductible	View plan booklet at http://hr.vanderbilt.edu/benefits/sbc-eoc.php
	Emergency medical transportation	10% coinsurance	30% coinsurance	30% coinsurance	
	Urgent care	\$50 copay /visit then 10% coinsurance after deductible	\$75 copay /visit, then 30% coinsurance	\$75 copay /visit, then 50% coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$150 copay then 10% coinsurance after deductible .	\$150 copay then 30% coinsurance after deductible .	\$150 copay then 50% coinsurance after deductible	View plan booklet at http://hr.vanderbilt.edu/benefits/sbc-eoc.php
	Physician/surgeon fees	10% coinsurance	30% coinsurance	50% coinsurance	View plan booklet at http://hr.vanderbilt.edu/benefits/sbc-eoc.php

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Tier 1 Vanderbilt Health Affiliated Network/Vanderbilt Pharmacy (You will pay the least)	Tier 2 Aetna National Network/Non-Vanderbilt Pharmacy	Out-of-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$35 copay /office visit	\$75 copay /visit	50% coinsurance	View plan booklet at http://hr.vanderbilt.edu/benefits/sbc-eoc.php
	Inpatient services	\$150 copay then 10% coinsurance after deductible .	\$150 copay then 30% coinsurance after deductible .	\$150 copay then 50% coinsurance after deductible	
If you are pregnant	Prenatal Office visits	No charge	No charge	Not covered	Cost-sharing does not apply for in-network prenatal/postnatal preventative office visits, but depending on the types of services, coinsurance or a deductible may apply. *Refer to bottom of Page 4
	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	50% coinsurance	
	Childbirth/delivery facility services	\$150 copay then 10% coinsurance after deductible .	\$150 copay then 30% coinsurance after deductible .	\$150 copay then 50% coinsurance after deductible .	
If you need help recovering or have other special health needs	Home health care	10% coinsurance	30% coinsurance	50% coinsurance	Home health care – 120 visit max per calendar year Physical Therapy, Occupational Therapy, & Speech Therapy, Skilled Nursing Care - 60 visit max per calendar year Chiropractor Services - 15 visit max per calendar year *Refer to bottom of Page 4
	Rehabilitation services	10% coinsurance	30% coinsurance	50% coinsurance	
	Habilitation services	10% coinsurance	30% coinsurance	50% coinsurance	
	Skilled nursing care	10% coinsurance	30% coinsurance	50% coinsurance	
	Durable medical equipment	10% coinsurance	30% coinsurance	50% coinsurance	
	Hospice services	10% coinsurance	30% coinsurance	50% coinsurance	
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Not covered	N/A
	Children's glasses	Not covered	Not covered	Not covered	N/A
	Children's dental check-up	Not covered	Not covered	Not covered	N/A

*For more information about limitations and exceptions, see plan or policy documents at <http://hr.vanderbilt.edu/benefits/sbc-eoc.php>

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- | | | |
|--------------------|---------------------------|------------------------|
| • Acupuncture | • Hearing aids for adults | • Routine eye care |
| • Cosmetic Surgery | • Long Term Care | • Routine Foot Care |
| • Dental Care | • Private Duty Nursing | • Weight loss programs |

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- | | | |
|---|---|--|
| • Bariatric Surgery (limitations apply) | • Hearing aids for children under 18 | • Non-emergency care when traveling outside the U.S. |
| • Chiropractic Care (limitations apply) | • Infertility Treatment (limitations apply) | |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

Tennessee Department of Commerce & Insurance

500 James Robertson Parkway

Davy Crockett Tower, 4th Floor

Nashville, TN 37243-0565

(615) 741-2241

<https://www.tn.gov/commerce/consumer-services.html>

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: For medical, call Aetna at **1-800-743-0910** or visit www.Aetna.com; for pharmacy call Navitus at **1-866-333-2757** or visit www.Navitus.com.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(Family Coverage)

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$1,200
■ Specialist copayment	\$35
■ Hospital (facility) copayment	\$150
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,800
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$1,200
Copayments	\$220
Coinsurance	\$900
Pharmacy	\$40
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$2,420

Managing Joe's type 2 Diabetes

(Family Coverage)

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$600
■ Specialist copayment	\$35
■ Primary copayment	\$20
■ Other coinsurance	10%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

Cost Sharing	
Deductibles*	\$600
Copayments	\$230
Coinsurance	\$600
Pharmacy	\$700
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$2,190

Mia's Simple Fracture

(Individual Coverage)

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$600
■ Specialist copayment	\$35
■ Emergency Room copayment	\$250
■ Emergency Room coinsurance	10%
■ Other coinsurance	10%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,900
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In this example, Mia would pay:

Cost Sharing	
Deductibles*	\$600
Copayments	\$285
Coinsurance	\$100
Pharmacy	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$985

Note: These numbers assume the patient does not participate in the [plan's](#) wellness program. If you participate in the [plan's](#) wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: Human Resources, human.resources@vanderbilt.edu or 615-343-4788.

*Note: This plan has other [deductibles](#) for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.