

# Vision Care Learning Center



## Your Resource for Healthy Eyes and Vision

Our Vision Care Learning Center is available on our website at SuperiorVision.com. This valuable educational resource for eye and vision-related information has been developed with our members in mind.

Our dynamic Learning Center gives you access to a host of eye and vision wellness information, including articles on the importance of an eye exam, children's vision, various eye and vision problems, and seasonal eye care tips.

The Learning Center also includes tools to help you understand how to select frames for your face shape and information about the various types of lenses and coatings available so you can be prepared and understand terminology before you visit your eye care provider.

We frequently add new information to the Learning Center — check back often to learn more about how to keep your eyes and vision healthy.

The screenshot shows the Superior Vision Learning Center website. At the top left is the Superior Vision logo with the tagline "See yourself healthy." and a search bar. The navigation menu includes Home, Members, Providers, Benefits Managers, Brokers, and Learning Center (which is highlighted). Below the navigation is a banner with the text "Your path to healthy eyes and vision" and a photo of a smiling man. The main content area features six articles, each with an icon and a brief description:

- Your Eye Health:** Take care of your eyes by living a healthy lifestyle and taking a proactive interest in eye health.
- Your Eye Exam:** Your annual comprehensive eye exam can identify vision issues, including cataracts, glaucoma, and macular degeneration, as well as identify systemic diseases such as diabetes, hypertension, and high cholesterol.
- Your Eyewear:** Selecting your eyewear can be a fun process that allows you to express who you are by choosing the color of your frames and a frame style that flatters your face shape.
- Seasonal Eye Care Tips:** Winter brings cold weather and dry air to our eyes. Protect your eyesight this winter with our seasonal eye care tips.
- Health Care Reform:** The Affordable Care Act has created a dynamic landscape in the insurance industry that will continue to change for some time. We have compiled an online library of resources to help you understand Health Care Reform.
- Vision Care Resources:** Additional vision care resources are available to help you understand industry terms and definitions, find out about your risks for vision problems, and learn more about healthy eyes and vision.