

Care Management



CARE MANAGEMENT

Your employee health plan includes free access to the Vanderbilt Health Affiliated Network Care Management team. This team includes nurses, pharmacists and social workers who are available to provide you and your dependents support for complex and long-term health needs.

Services include:

- Answering questions about health concerns or medications
- Connecting you to a preferred healthcare provider
- Developing a personalized plan of care
- Providing support and encouragement to reach goals
- Helping to understand follow-up care after an emergency room visit or hospitalization
- Accessing and connecting to appropriate community resources, including social support and grief counseling

For more information about this service, please call (615) 936-2828 during normal business hours to speak with a care team member, or talk with your primary care provider.