



HSA Contribution Limit Worksheet

The Health Savings Account (HSA) allows you to contribute pre-tax dollars to pay for health care expenses, such as deductibles, co-pays and co-insurance. However, you are only eligible to participate in an HSA if you enroll in the Choice CDHP. Annual contribution limits are set by the IRS. For 2022, they are \$3,650 for individual coverage, and \$7,300 for family coverage. If you are age 55 or over, you can contribute an additional \$1,000 per year. Use the below table to figure out your max payroll contribution limit.

Contribution Types		Amount
Go for the Gold: Annual amount depends on level of participation: Bronze \$120, Silver \$180, Gold \$240		
Vanderbilt Seed: Single \$750 / Family \$1,500	+	
Subtotal (a):	=	
IRS 2022 Limit: Single \$3,650 / Family \$7,300	—	
Catch-up Contribution: If you are age 55 or over, you can contribute an additional \$1,000 per year.	+	
Subtotal (b):	=	
Your max contribution for the 2022: subtotal (b) - subtotal (a)	=	

For more information, visit vu.edu/oe. Contact Human Resources at 615.343.HRVU or email us at openenrollment@vanderbilt.edu.



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