

# HSA Contribution Limit Worksheet

The Health Savings Account (HSA) allows you to contribute pre-tax dollars to pay for health care expenses, such as deductibles, co-pays and co-insurance. However, you are only eligible to participate in an HSA if you enroll in the Choice CDHP. Annual contribution limits are set by the IRS. For 2023, they are \$3,850 for individual coverage and \$7,750 for family coverage. If you are age 55 or over, you can contribute an additional \$1,000 per year. Use the below table to figure out your max payroll contribution limit.

Contribution Types		Amount
Go for the Gold: Annual amount depends on the level of participation: Bronze \$120, Silver \$180, Gold \$240		
Vanderbilt Seed: Single \$750 / Family \$1,500	+	
<b>Subtotal (a):</b>	=	
IRS 2023 Limit: Single \$3,850 / Family \$7,750	—	
Catch-up Contribution: If you are age 55 or over, you can contribute an additional \$1,000 per year.	+	
<b>Subtotal (b):</b>	=	
<b>Your max contribution for 2023:</b> <i>subtotal (b) - subtotal (a)</i>	=	

For more information, visit [vu.edu/oe](https://vu.edu/oe). Contact Human Resources at 615.343.HRVU or email us at [open.enrollment@vanderbilt.edu](mailto:open.enrollment@vanderbilt.edu).



**VANDERBILT**  
Human Resources