If you are fully-benefits eligible and enrolled in the CDHP on January 1st and July 1st, Vanderbilt will contribute half in January ($375 for individual and $750 for family) and half in July. The maximum total annual contributions to an HSA in 2021 are $3,600 for individual and $7,200 for family. If you are age 55 or older, you can contribute an extra $1,000 annually.